

English Courses

English as an Additional Language

Level 1 English class for women who have very little or no English.

Level 2 Basic English classes for women who want to improve their spoken and written skills.

Level 3 This course aims to help learners improve their writing, speaking, listening and reading skills. Learners seeking enrolment need to complete an assessment sheet at the time of registration.

English Conversation

English conversation class which helps women who want to improve their spoken English through discussion and activities on a variety of topics.

Everyday English

Everyday English class is for women to learn to speak, write and practice English for everyday living in Australia.

English for Mothers' Engagement with School

This 5 week course teaches mothers the English skills required to effectively engage with their children's school including admin staff, teachers and management. How to read report cards and ask for an interpreter when needed.

English for Driving Test

A 9 week course to support the development of English skills associated with the Victorian Learners Driving Test.

Discovering New Careers

A 5 week program for women to broaden their options for non-traditional career pathways. Before you take the step into formal study or work, find out job prospects, pay rates and how to find this information for yourself in the future.

Computer Courses

General & Beginners Classes

Join our beginners group to learn how to use Microsoft Word, open a website, find information online and get yourself familiar with computer terminology.



For Work & Study

This intensive course mainly focuses on documentation and presentation skills through MS Office (Word/Powerpoint/Excel) and also offers guidelines on how to integrate Google tools and social media in your everyday business.

Sewing

Basic Sewing

Learn to follow simple patterns, repair clothes and practice new stitches.

Sewing

For those with sewing knowledge, an opportunity to improve your skills and complete unfinished projects.

Sewing Beginners

Structured Sewing Class for women interested in pursuing more formal studies in sewing and building English skills.

Craft

Crafty Connections

A social group for women of all abilities, where they can work on their chosen craft or in group projects.

Craft

A social self-help group of women from various backgrounds, where they can learn new skills or work on the crafts they love.

Ageless Grace

Ageless grace involves seated exercises based on everyday movements that are natural and organic and focus on the healthy longevity of the body and mind.

Wellsprings Mentor Program

The Program aims to connect isolated women in the City of Casey, Greater Dandenong and Cardinia Shire into the wider community. The program provides access to information, creates pathways to further education and breaks social isolation.

Introduction to Working in the Community

This program provides participants with an overview of study and work in fields of community services and other areas of work. Learn study and research skills and time management to be better prepared for further study and work.

Choir

If you enjoy music and are happy to sing along and have some fun then you will fit in with our choir. We sing all types of songs. No experience is required.

Afghan Women's Friendship Group

A volunteer-run Dari Literacy, activities and friendship group for Afghan Women.

Making a Difference

This program's objective is for a group of women to work together in identifying a common social issue of concern and develop a response to address it. It equips women with skills of advocacy, negotiation, structural analysis, organising for change and problem solving.

Public Speaking

Learn the art of public speaking. How to structure a speech, what makes for a compelling and impactful speech.

Spokeswomen Club

If you are serious about your public speaking skills. Join this group to keep practising and improving

Enterprising Creative Women Program

A program for women to build their enterprising skills and develop a small business idea and plan with skilled guest speakers. It also provides a safe space to explore and workshop issues specific to CALD women. Stay on from 2:30pm – 4:30pm for **MAKERS OPEN STUDIO** to spend time making your products or learning new art & craft techniques.

Homework Support

Wellsprings offers students in primary and secondary schools the opportunity to get support with their homework or improve their study skills and catch up with the rest of the class if they are falling behind.

Grandmothers' Support Group

Offering sessions specifically designed for grandmothers' to support them in their role, build their skills, provide them with tips and information on engaging with grandchildren and looking after themselves. Sessions are informative and fun packed.

Fee Structure Term 1

Concession Students

1 Course	\$15
2 Courses	\$25
3rd Course	\$5
4th Course	\$5

Non Concession Students

1 Course	\$20
2 Courses	\$30
3rd Course	\$7.50
4th Course	\$7.50

Please note there is no course fee for:

- Making a Difference
- Wellsprings Mentoring Program
- Women's Health and Safety
- Home Visitation

2019

Term 1:

4 Feb - 5 April

Monday	Tuesday	Wednesday	Thursday	Friday
English as an Additional Language* Level 1 9.30am – 12.30am	Ageless Grace 9am – 9.45pm	English as an Additional Language* Level 2 --OR-- Level 3 9.30am – 12.30pm	Ageless Grace 9am – 9.45pm	English Conversation* 9:30am 11:30pm
Crafty Connections 9.30am – 12.30pm	Making a Difference** 10am – 12pm	Mothers & Children's Session @ Fleetwood Primary School (Casey)* 10am – 12pm	Basic Sewing 10am – 12pm	Computer Beginner-Intel* 9:30am – 12:30pm
Computer Work & Study* 10am – 12pm	Everyday English* 10am – 12pm	Discovering New Careers (5 weeks Term 1 & 3) 12pm – 2pm	Computer Work & Study 10am – 12pm	English for Driving Test (9 week course) 1pm – 3pm
English as an Additional Language Level 1 @ Narre Warren (Casey)* 9.30am – 12.30pm	Spokeswomen's Club ** (1 st Tuesday of the Month) 12:30pm - 2 pm	Introduction to Working in the Community (Term 2 & 4) 12.30pm – 2:30pm	Choir 10.15am – 11.45pm	
Grandmothers' Support Group 1pm – 3pm	Veggie Gardening (Every Alternative Tuesday) 12pm – 1pm	Computers General 1pm – 3pm	Enterprising Creative Women* (Term 1 & 2) 12pm – 2.30pm	
Afghan Women's Friendship Group 1pm – 3pm	Craft 1pm – 3pm	Wellsprings Mentor Program (Drop In) 12.30pm – 2.30pm	Sewing* 1pm – 3pm	
Presentations and Public Speaking Course (7 weeks Term 2 & 4) 1pm – 3pm	English for Mothers' Engagement with school @ Hallam Gardens Community Centre (Casey)* (5 week course) 1pm – 3pm	English for Mothers' Engagement with School* @ (Casey) (5 week course) 1pm – 3pm	Makers Open Studio (Term 1 & 2) 2.30pm – 4.30pm	Saturday
		Homework Support 4pm – 5.30pm	Wellsprings Girl Guides 5pm – 6.30pm	Wellsprings Women Riders 10am – 12pm
		Sewing Beginners* 4pm – 6pm		*Classes offer child minding ** Functional English is required

Wellsprings
for women

